



January 17/18
Breaking the Power of the Past

I. Problem: We are all _____.

- a. It is impossible for a Christian to be _____ mature,
growing as a Christ-like lover of people, while remaining _____
broken.

II. Solution: Allow Jesus to show you the areas of _____ and let
Him love you into wholeness.

- a. The _____ we grew up in is usually the most powerful
and influential factor affecting who we are today.
- b. In order to gain the _____, we must first let go of
the _____.
- c. Some of our families' attitudes and assumptions about life must be discarded
- i. God
 - ii. Money
 - iii. Success defined
 - iv. Gender roles and marriage
 - v. Sex
 - vi. Play/Recreation
 - vii. Expressing anger
 - viii. Loss and grief
 - ix. Giving praise
- and brought into alignment with the _____ of Christ.

Ephesians 1: 3-14 (New Living Bible)

All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. 4 Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. 5 God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. 6 So we praise God for the glorious grace he has poured out on us who belong to his dear Son. 7 He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. 8 He has showered his kindness on us, along with all wisdom and understanding.

9 God has now revealed to us his mysterious plan regarding Christ, a plan to fulfill his own good pleasure. 10 And this is the plan: At the right time he will bring everything together under the authority of Christ—everything in heaven and on earth. 11 Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan.

12 God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God. 13 And now you Gentiles have also heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago. 14 The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him.

Revelation 3:14-20 (New Living Bible)

“Write this letter to the angel of the church in Laodicea. This is the message from the one who is the Amen—the faithful and true witness, the beginning of God's new creation:

15 “I know all the things you do, that you are neither hot nor cold. I wish that you were one or the other! 16 But since you are like lukewarm water, neither hot nor cold, I will spit you out of my mouth! 17 You say, ‘I am rich. I have everything I want. I don't need a thing!’ And you don't realize that you are wretched and miserable and poor and blind and naked. 18 So I advise you to buy gold from me—gold that has been purified by fire. Then you will be rich. Also buy white garments from me so you will not be shamed by your nakedness, and ointment for your eyes so you will be able to see. 19 I correct and discipline everyone I love. So be diligent and turn from your indifference.

20 “Look! I stand at the door and knock. If you hear my voice and open the door, I will come in, and we will share a meal together as friends.